

## Male A

# ATHLETIC DEVELOPMENT GROWTH & MATURITY INFORMATION

### Personal Information

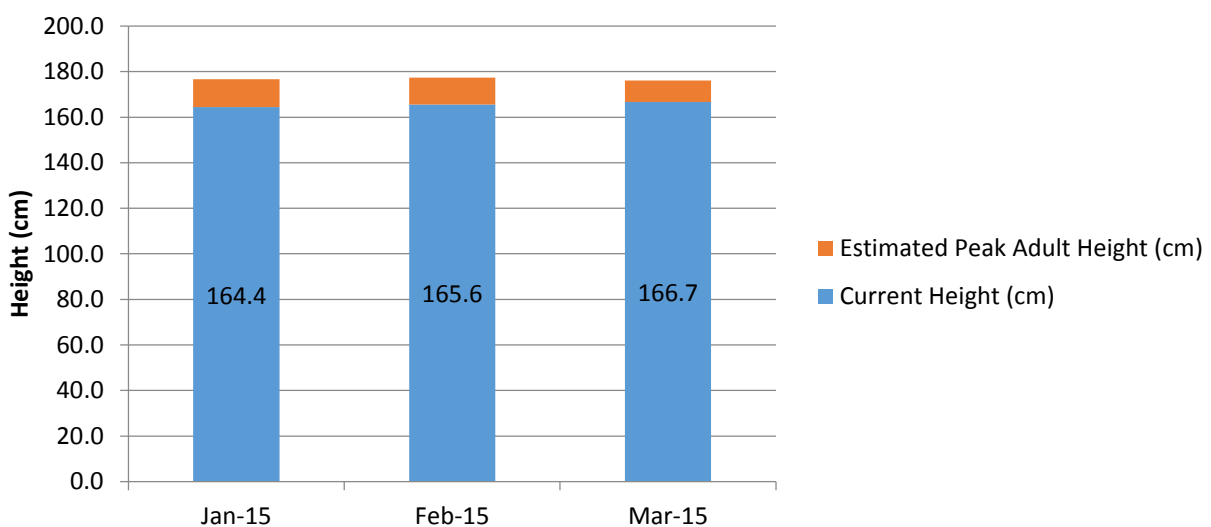
Name: Male A  
 DOB: 15/08/2000  
 Sport: Tennis  
 Current Club: Team Bath  
 Mum's Height: 61cm  
 Dad's Height: 72cm

### Current S&C Programme Focus:

Coach:

Athlete:

### Male A



### Growth and Maturity Information

	Jan-15	Feb-2015	Mar-15
<b>Chronological Age</b>	14.4	14.5	14.6
<b>Biological Maturity</b>	Mid-Peak Height Velocity	Mid-PHV	Mid-PHV
<b>TDC Training Age</b>	8 months	9 months	10 months
<b>Estimated Peak Adult Height (cm)</b>	176.6	177.3	176.1
<b>Current % of Estimated Peak Adult Height</b>	93.1	93.4	94.7
<b>Current Height (cm)</b>	164.4	165.6	166.7
<b>Change in Height (cm)</b>	-	1.2	1.1
<b>Change in Height (%)</b>	-	1.0	0.7
<b>Weight (kg)</b>	51.0	51.7	51.5
<b>Change in Weight (kg)</b>	-	0.7	-0.2
<b>Change in Weight (%)</b>	-	1.4	-0.4