

Judo at the University of Bath

Diploma in Sporting Excellence (DiSE)

The Diploma in Sporting Excellence offers the opportunity for fighters to increase their training volume while working towards a vocational qualification that is recognised by UCAS.

The British Judo DiSE programme is a key part of the British Judo Performance Pathway, and technical and physical delivery is linked to the British Judo Trademark model.

For more information, please contact Team Bath Judo Coach Gregg Varey:

gv201@bath.ac.uk

teambath.com/judo

University of Bath,
Claverton Down,
Bath BA2 7AY



UNIVERSITY OF BATH
TEAMBATH™





Here at Bath we offer two different routes to complete the DiSE programme, over the two years:

Camp-based route:

A residential camp-based programme that takes place over half-terms and weekends (*where all accommodation and food is covered*), consisting of:

- 5 x 3-day camps a year;
- 2 x 2-day camps a year;
- Weekly online theory lessons.

The camps consist of 2-3 Randori sessions and 2-3 Technical sessions, along with Strength & Conditioning and Injury prevention sessions.

Weekly route:

Weekly in-person training sessions and theory lessons, scheduled around your full-time study programme.

Whichever route you choose, you will have access to top-class facilities at the world-renowned Team Bath Sports Training Village.

You will train in our traditional Japanese-style dojo, alongside athletes on the Team Bath High Performance Judo Programme, and work with elite Strength & Conditioning coaches and physiotherapists.