

FAA qualification standards for both classroom-based and distance learning courses are detailed below. Trainer/assessors must adhere to all standards which is confirmed by signing the trainer/assessor declaration.

Minimum contact hours (Guided Learning Hours – GLH)

GLH is the number of contact hours that the learner is being taught and assessed under the immediate guidance or supervision of the trainer/assessor in the classroom, or for distance learning delivery remotely by video conferencing software. It is the minimum number of contact hours that a trainer/assessor must have with a learner.

The hours can be increased if required but not reduced and must be used to cover the set FAA syllabus. If learners ask for something additional to be covered that may for example be relevant to their workplace, additional time must be added.

Due to self-study, GLH will vary between classroom-based and distance learning delivery when using the self-study and webinar format. For example, the FAA Award in First Aid for Mental Health has 6 hours GLH for classroom-based delivery and 3 hours GLH for distance learning using the self-study and webinar format.

If a qualification is being delivered by distance learning with the learner and trainer/assessor in continuous contact covering the full syllabus remotely by video conferencing software using the classroom-based format, the minimum contact hours and session times as stated for classroom delivery must be followed.

Total Qualification Time (TQT)

TQT includes GLH as above, but also considers any unsupervised learning or preparation undertaken by a learner such as self-study or the completion of set tasks. It is an estimate of how long an average learner may take to achieve the qualification.

TQT for a qualification remains the same regardless of the format of delivery.

Minimum course duration

The minimum number of days that a course can be delivered over. For example, and as stipulated by the HSE, the FAA Award in First Aid at Work **must** be delivered over **3 days as a minimum** and cannot be completed over 2 extended days. The FAA Award in First Aid requalification course must be delivered over a minimum of 2 days.

Maximum course duration

The maximum number of weeks allowed for course completion including assessment. If a qualification consists of two units both units must be completed within the stated maximum course duration.

Minimum session time

The minimum time required for each session if a course is split into sessions.

Learner/trainer ratio

The maximum number of learners that can be taught and assessed by one trainer/assessor.

Minimum learner age

The minimum age for a learner to be awarded the regulated qualification. If someone is unable to be awarded the regulated qualification they can be offered a non-regulated attendance certificate.

Certificate validity

The length of the qualification validity. FAA qualifications either do not have an expiry date or have a three-year expiry. For qualifications that have an expiry date a learner must follow the specific requalification rules as stated in the FAA Qualification Specification.

For qualifications that do not have an expiry date, refresher training and keeping up to date with changes to policies, procedures and new legislation through ongoing continuing professional development is vital.

FAA recommend annual refresher training for all qualifications.

Qualification Standards

	Minimum contact hours (GLH)	Total Qualification Time (TQT)	Minimum course duration (days)	Maximum course duration (weeks)	Minimum session time (hours)	Learner to trainer/assessor ratio	Minimum learner age	Certificate validity (years)
CLASSROOM-BASED								
ANAPHYLAXIS								
FAA Award in Immediate Management of Anaphylaxis	6	7	1	3	2	12:1	16	3
FIRE SAFETY								
FAA Award in Fire Safety Awareness	4	5	½	2	2	16:1	14	No expiry
FAA Award in Fire Safety	6	7	1	3	2	16:1	14	No expiry
FIRST AID								
FAA Award in Activity First Aid	12	14	2	6	2	12:1	14	3
FAA Award in Basic Life Support and Automated External Defibrillation	2.5	3.5	1	2	1	12:1	14	3
FAA Award in Basic Life Support and Automated External Defibrillation for Adults, Children and Infants	3.5	4.5	1	3	1	12:1	14	3
FAA Award in Basic Life Support, Automated External Defibrillation and the Management of Anaphylaxis	3	4	1	3	1	12:1	14	3
FAA Award in Basic Life Support, Automated External Defibrillation and the Management of Anaphylaxis for Adults, Children and Infants	4	5	1	4	1	12:1	14	3
FAA Award in Emergency First Aid at Work	6	7	1	4	2	12:1	14	3
FAA Award in Emergency Outdoor First Aid	8	10	1	4	2	12:1	14	3
FAA Award in Emergency Paediatric First Aid	6	7	1	4	2	12:1	16	3
FAA Award in First Aid at Work	18	22	3	10	2	12:1	14	3
• First Aid at Work requalification course	12	-	2	7	2	12:1	14	3
FAA Award in Forestry First Aid	2	3	½	-	2	12:1	14	3
FAA Award in Outdoor First Aid	16	20	2	9	2	12:1	16	3
FAA Award in Paediatric First Aid	12	15	2	6	2	12:1	16	3
FAA Award in Student First Aid	3	5	½	52	1	12:1	11	3

Qualification Standards

CLASSROOM-BASED	Minimum contact hours (GLH)	Total Qualification Time (TQT)	Minimum course duration (days)	Maximum course duration (weeks)	Minimum session time (hours)	Learner to trainer/assessor ratio	Minimum learner age	Certificate validity (years)
FIRST AID FOR MENTAL HEALTH								
FAA Award in Awareness of First Aid for Mental Health	4	5	½	2	2	16:1	14	3
FAA Award in First Aid for Mental Health	6	7	1	3	2	16:1	14	3
FAA Award in First Aid for Youth Mental Health	6	7	1	3	2	16:1	14	3
FAA Award in Supervising/Leading First Aid for Mental Health	12	14	2	6	2	16:1	16	3
• FAA Award in Supervising/Leading First Aid for Mental Health requalification	6	-	1	4	2	16:1	16	3
FOOD SAFETY								
FAA Award in Food Safety in Catering	6	7	1	3	2	16:1	14	No expiry
HEALTH & SAFETY								
FAA Award in Health and Safety in the Workplace (RQF Level 1/SCQF Level 4)	4	5	½	2	2	16:1	14	No expiry
FAA Award in Health and Safety in the Workplace (RQF Level 2/SCQF Level 5)	6	7	1	3	2	16:1	16	No expiry
FAA Award in Health and Safety in the Workplace (RQF Level 3)	18	25	3	10	2	16:1	16	No expiry
MANUAL HANDLING								
FAA Award in Manual Handling - Principles and Practice	6	7	1	3	2	16:1	14	No expiry
OXYGEN								
FAA Award in Oxygen Therapy Administration	6	7	1	3	2	12:1	16	3
SAFEGUARDING								
FAA Award in Awareness of Safeguarding	4	5	½	2	2	16:1	14	No expiry
FAA Award in Principles of Safeguarding and Protecting Children, Young People or Vulnerable Adults	7	8	1	3	2	12:1	18	No expiry

Qualification Standards

DISTANCE LEARNING

If the course is being delivered following the classroom-based format with learners and the trainer/assessor in continuous contact by video conferencing software, the minimum contact hours (GLH) and session time as stated for classroom courses above must be followed.

First aid and related qualifications are not available through distance learning. Blended learning is available and please refer to [FAA Blended Learning for First Aid](#) for information.

	Minimum contact hours (GLH)	Total Qualification Time (TQT)	Maximum course duration (weeks)	Learner to trainer/assessor ratio	Minimum learner age	Certificate validity (years)
FIRE SAFETY						
FAA Award in Fire Safety Awareness	2	5	2	20:1	14	No expiry
FAA Award in Fire Safety	3	7	3	20:1	14	No expiry
FIRST AID FOR MENTAL HEALTH						
FAA Award in Awareness of First Aid for Mental Health	2	5	2	20:1	14	3
FAA Award in First Aid for Mental Health Level	3	7	3	20:1	14	3
FAA Award in First Aid for Youth Mental Health	3	7	3	20:1	14	3
FAA Award in Supervising/Leading First Aid for Mental Health	6	14	6	20:1	16	3
• FAA Award in Supervising/Leading First Aid for Mental Health requalification	3	-	4	20:1	16	3
FOOD SAFETY						
FAA Award in Food Safety in Catering	3	7	3	20:1	14	No expiry
HEALTH & SAFETY						
FAA Award in Health and Safety in the Workplace (RQF Level 1/SCQF Level 4)	2	5	2	20:1	14	No expiry
FAA Award in Health and Safety in the Workplace (RQF Level 2/SCQF Level 5)	3	7	3	20:1	16	No expiry
MANUAL HANDLING						
FAA Award in Manual Handling - Principles and Practice	3	7	3	20:1	14	No expiry
SAFEGUARDING						
FAA Award in Awareness of Safeguarding	2	5	2	20:1	14	No expiry
FAA Award in Principles of Safeguarding and Protecting Children, Young People or Vulnerable Adults	4	8	3	20:1	18	No expiry