



Student Performance Sport Offer Scheme- Sport Specific Indicative Levels

Sport	Nomination Criteria
Athletics	• Qualify for Olympic, Paralympic, or Senior World Championship • Selected for Senior European Championships, U23 European/World Championships, including Relays and Road and XC championships • Have achieved one or more of the athletics SPSO benchmark in appendix A, in 2026. Note age is based on age on 31st December 2026. • Selected to UK Athletics World Class Programme at any level. • Competed in a Diamond league event. • UK U17/U20/U23, English Schools or BUCS Medallist. • U20 GB Representations. • England Athletics- Junior Talent, Senior Development, Senior Performance or Para Academy member within two years of application. • Welsh Athletics- Transition or Performance member within two years of application. • Scottish Athletics- Performance Foundations member within two years of application. • Current TASS athlete
Bobsleigh & Skeleton	• World Class Programme athlete. • Current TASS Athlete.
Football	• Senior contract for club in Premier, Championship, Division 1 or Division 2 team (or international equivalent). • Senior international cap. • Category 1, 2 or 3 academies within two years of application. • Those playing at senior step 4 & above of the English league pyramid. • Those playing at U18 or reserve team level of step 2 and above of the English league pyramid. • Player from Kinetic academy programme. • Players getting trials at Premiership, championship, div 1 or div 2 clubs whilst in the university programme.
Hockey	• Olympic & World Cup Squad Selection. • Pro-League player. • Senior European Championship Squad Selection. • World Class Programme at any level. • Men's National League Premier & Women's National League Premier Squad within two years of application. • Great Britain Elite Development Programme. • Wales, Scotland, England, Ireland - National Age group squads U16 U18 or U21 within two years of application • Ulster U18s- NI.
Judo	• Selection for; Olympic games, World Championships, European Championships & Commonwealth Games. • Competed in Grand prix &/or Grand slam events. • World top 100 ranking.



	• Competed in Continental open. • Competed in Senior European Cups. • Member of a British &/or Home Nation Squad at U21 &/or Senior Level. • A medal at; British champs, English open, Scottish Open &/or Welsh Open • Current TASS Athlete. • Diploma in Sporting Excellence (DiSE)
Netball	• Senior Super League contracted player. • NXTGEN Player • National Performance League (U17/U19) • NXT Roses / Roses Academy • International Top 10 Ranked Country U19/U21/Senior (if not a Top 10 country must be supported by selection into one of the other criteria above)
Pentathlon	• World Class Programme athlete at any level. • Current TASS Athlete.
Rugby (Men's)	• Premiership or Championship 1 Rugby player within two years of application • Senior Premiership Academy, Bath Rugby Academy or Bath Rugby Scholar. • International U18 or U20 Player from World Cup Nations. • Senior International player for World Cup Nation 15s and World Series 7s.
Rugby (Women's)	• Premiership or Championship 1 Rugby player within two years of application. • Player Development Group Centre or Centre of Excellence Player. • International U18 or U20 Player from World Cup Nations. • Senior International player (15s or 7s). • Celtic Challenge Player.
Swimming	• Qualify for Olympic Games, Senior World Championships, Senior European Championships. • Meet a British Championship team qualifying time within two years of application. • Selected onto World Class Programme at any level. • Qualification for junior world or European championships. • Qualification for swimming world cup within two years of application. • British Championships top 6 within one year of application. • Current TASS athlete. • Achieved a PB within two years of application that meets or exceeds the minimum qualifying standards outlined in appendix A
Tennis	• ATP/WTB Ranking. • Top 200 ITF Junior or 12.0 UTR. • IFT Senior Ranking. • 11.0 (M) or 9.0 (F) UTR rating. • Competing in LTA Tournaments.
Triathlon	• World Class Programme athlete at any level. • Senior European or World Championship team. • U23 Euro & World Championship Competitor within two years of application • Youth Olympic or European Youth Championship team. • Competed in a Junior European Cup in 2026 • Current Home Nation Talent squad athlete. • Achieved a top 8 Senior/Junior finish at a British Super Series event in the 2026 season.



	• Current TASS athlete.
Rowing	• Member of the Performance Development Academy • Member of World Class Programme squad at any level • Current TASS athlete • Selection for U19/U23 World Rowing Championships • Podium at Coupe de la Jeunesse • Selection for World or European Rowing Coastal and Beach Sprint Championships • Medal at Munich International Junior Regatta • Medal at Home International Regatta • Achieved an erg PB within two years of application that meets or exceeds the qualifying standards in appendix A, must be achieved at a recognised national test event.
<i>Other Olympic & Paralympic</i>	• Selection to compete at major youth and/or junior international or professional events within the past two years. • Selection onto a National Governing Body's or Professional Team's Performance Pathway. • Current TASS athlete.
<i>Non-UK athletes</i>	Sporting assessment of international students to ensure equivalent sporting standards to domestic criteria. <i>Where sport specific time-based criteria are listed this would need to be evidenced.</i>



Athletics times

Men		Women	
Event	Performance Support	Event	Performance Support
	SPSO 2026		SPSO 2026
100	10.85	100	12.1
200	22.1	200	24.8
400	49.5	400	57.1
800	1:52.5	800	2:11
1500	3:52	1500	4:30
3000	8:26	3000	9:46
5000		5000	
10000		10000	
3k Steeple		3k Steeple	
2k Steeple	6:08	2k Steeple	7:17
		100m H	14.0 (U18)
110mH	13.9 U18		
400mH	55 (U18)	400mH	63
LJ	6.75	LJ	5.60
TJ	14.2	TJ	11.50
HJ	2.01	HJ	1.69
PV	4.70	PV	3.50
Shot	17.00 U18	Shot	15.00 U18
Discus	54.00 U18	Discus	40.00 U18
Hammer	58.00 U18	Hammer	57.00 U18
Javelin	63.00 U18	Javelin	46.00 U18
Dec/Hep	6000 U18	Dec/Hep	4650
XC	National Top 8 U18	XC	National top 8 U18

Orange Highlight = Steeplechasers - boys must achieve 3:57s over 1500m, Girls 4:35s over 1500m.

Green Highlight = junior implements may apply

Swimming Benchmark Times



Women	2026 Criteria Times	Men
Automatic entry into the squad	Events	Automatic entry into the squad
00:25.85	50 Freestyle	00:22.93
00:56.42	100 Freestyle	00:50.27
02:02.96	200 Freestyle	01:50.97
04:20.24	400 Freestyle	03:57.28
08:55.20	800 Freestyle	08:07.41
17:03.94	1500 Freestyle	15:37.97
00:29.35	50 Backstroke	00:26.11
01:02.88	100 Backstroke	00:56.10
02:16.32	200 Backstroke	02:02.79
00:31.98	50 Breaststroke	00:28.42
01:09.54	100 Breaststroke	01:02.14
02:31.75	200 Breaststroke	02:15.53
00:27.28	50 Butterfly	00:24.29
01:00.66	100 Butterfly	00:53.84
02:14.38	200 Butterfly	02:01.17
02:18.14	200 IM	02:03.81
04:54.38	400 IM	04:27.78

Rowing 2km Benchmark Times

Gender	Men			Women		
Age	U19	U21	U23	U19	U21	U23
2k	6:30	6:22	6:14	7:23	7:15	7:07